



“OUTDOORS & RETREATS FOR EVERYONE”

Checklist of things to bring:

Clothing

- Sportswear (for dry and wet activities)
- Off-activity attire (kindly prepare extra for change)
- Sleepwear

Shoes

- Fully covered shoes (compulsory for all outdoor activities)
 - Wet / Dry shoes
 - Rubber shoes (available for rental and purchase, adult size 36-43 only)
- Slippers/Sandals (strictly during off-activity periods)

- Water bottle
- Money
- Glasses strap (available for purchase on site)
- Torchlight – for Broga Hill hike and Caving (available for purchase on site)
- Towel
- Toiletries and shower kit
- Plastic/Waterproof bags for wet items and attire
- Personal medication (especially for special medical conditions)

Optional items:

- Dry bag
- Cap
- Raincoat
- Umbrella
- Insect repellent
- Sun block lotion
- Waterproof camera / GoPro