

With 3-year Fermented  
Kurozu  
**BLACK VINEGAR**  
and  
5 Scientifically  
Proven  
**World-Class  
INGREDIENTS**

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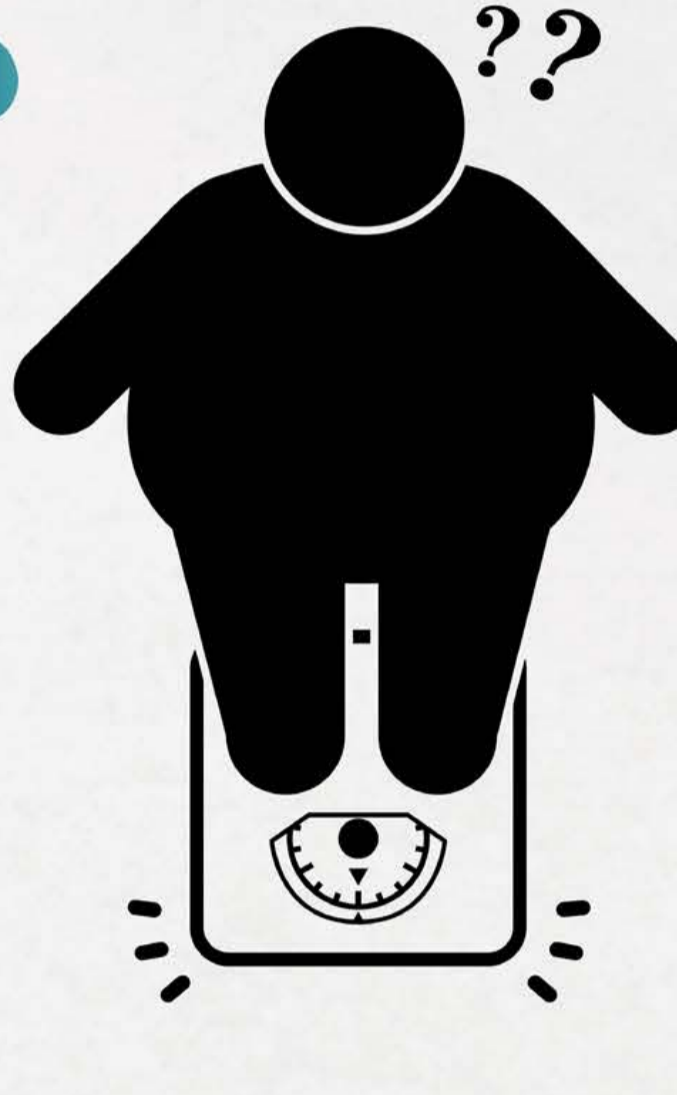
## ELIMINATE **Excessive Water** IN THE BODY *easily*

FOR A HEALTHIER WEIGHT MANAGEMENT

### Waking Up with a **Puffy Face** ? in the Morning

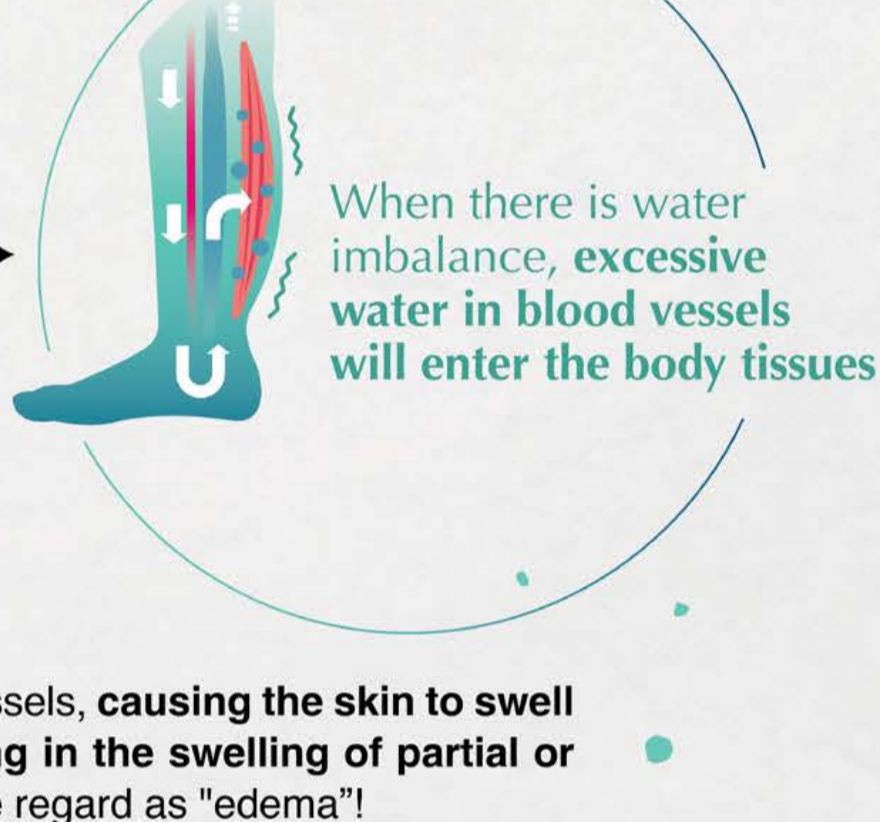
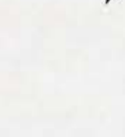
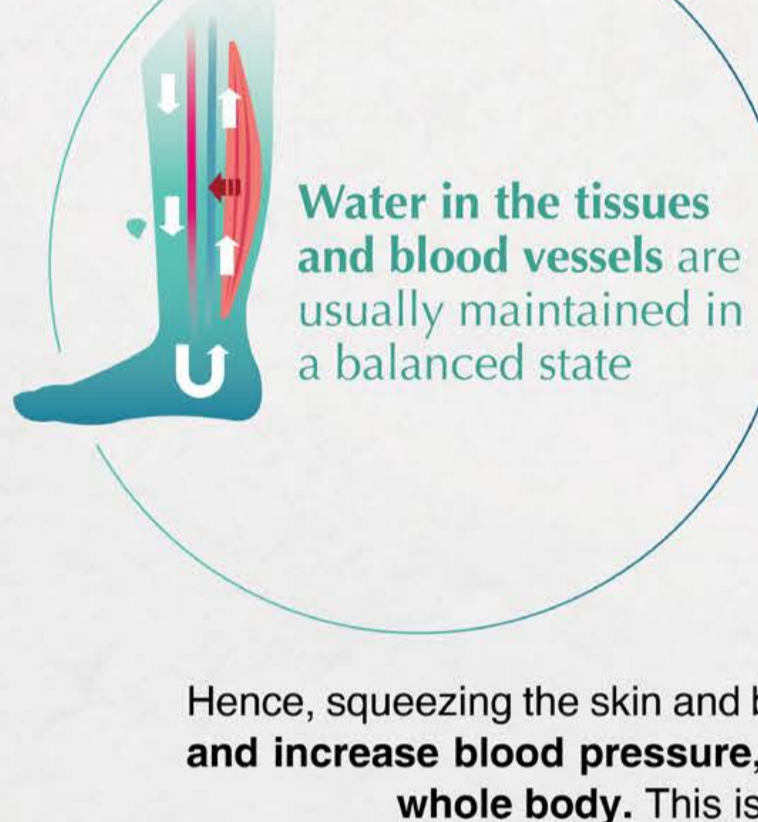
Do you always find yourself looking puffier in the morning? When you take a closer look, you might look **puffier in your cheeks, eye area and limbs, despite your weight remaining the same.**

The reason behind the puffiness is **WATER RETENTION** or **EDEMA!**



### How Much **Edema?** Do You Know about

60% of the human body is made up of water. Other than making our skin soft and supple, it can also cause the skin to deform and swollen!



Hence, squeezing the skin and blood vessels, **causing the skin to swell and increase blood pressure, resulting in the swelling of partial or whole body.** This is what we regard as "edema"!



### Are You **Edema?** Prone to



Swollen body in the next day if you drank water before going to bed



Swollen fingers in the morning



Press your calf hard for a few seconds, the skin turns pale and rebounds very slowly

- ✓ Your legs swell easily and have muscular calves after standing for long hours
- ✓ Feel thirsty easily, thick coated tongue, prefer food with heavy taste
- ✓ Flabby muscles, weak limbs, swelling lower limbs

**Don't ignore edema's symptoms, it is a sub-health signal from your body!**

## CAUSES OF EDEMA



### Long-term Edema may be a **SIGN OF DISEASE**

<p><b>Kidneys problem</b></p> <p>Swollen eyes in the morning</p>	<p><b>Heart problem</b></p> <p>Swelling feet and tired easily</p>	<p><b>Thyroid problem</b></p> <p>Swelling of the face and limbs</p>
<p><b>Liver problem</b></p> <p>Swelling of lower limbs</p>	<p><b>Nutritional imbalance</b></p> <p>Losing weight at first, then edema</p>	<p><b>Menstrual disorders</b></p> <p>Edema in obesity</p>



**CAN DRINKING TOO MUCH WATER Cause Weight Gain?**  
**NOT REALLY!**

**Always failed to lose weight despite trying many different methods?**

Water retention might be the reason that you should look into it! Water in the blood flows through the body tissues, under normal circumstances, it is discharged through the lymphatic system. **When there is a blockage, the excessive water will be unable to discharge, thus causing edema!**



#### Knowledge Corner

**Women are more likely to have edema than men**  
The probability of edema in women is higher than men, which is related to the secretion of hormones. Because women are affected by female hormones such as estrogens, they stimulate the kidneys to absorb water and sodium, so women are more likely to have edema problems, especially during menstruation and pregnancy.

ZENS

薄めの黒酢



MIX OF BERRIES



PLUM

## KURO MIZU

Botanical Beverage

**A DIURETIC FORMULA** that helps to **restore water balance** in the body!

Through enhancing the **body mechanisms**, the combination of



and



**Eliminate water retention** in the body, **reduce swelling** and **restore body firmness** at one time!

### Essential Ingredient

With 200 years of fermentation history in **KYUSHU, JAPAN**, the 3-year old Kurozu is rich in amino acids, organic acids, vitamins and minerals

# Kuro黒酢

BLACK VINEGAR WITH CENTURIES-OLD HISTORY

- Inhibit fat absorption
- Promote fat burning
- Neutralise the acidity level of body
- Relieve constipation
- Strengthen immunity
- Relieve muscle pain and fatigue

## 6 Benefits of KURO MIZU

Eliminate excessive sodium through urination

Remove excessive water from the body

Improve liver function & body detoxification

Improve the swelling of limbs caused by water retention

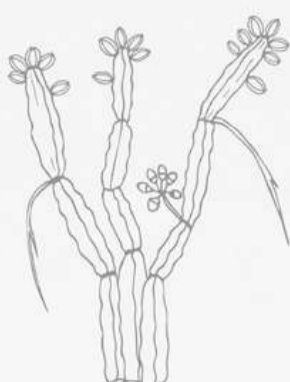
Support weight loss by regulating glucose & lipid metabolism

Enhance face shape by reducing swelling in the face

# 3 HIGHLIGHT INGREDIENTS

STAR INGREDIENT TO ELIMINATE PUFFINESS:

## CACTUS FRUIT EXTRACT



CactiNea™ from France is extracted from the prickly pear, a type of cactus originated from Tunisia (one of the Mediterranean countries). According to historical records, pear cactus have been widely known for their **depurative and diuretic effects**. Its weight control mechanism has been proven by clinical studies.

**How does CactiNea™ help in reducing edema problems?**

- 1 Due to high sodium diet, hormonal changes, medications, lack of exercise and electrolyte imbalance, human body cannot effectively excrete sodium out from body
- 2 Sodium accumulates in the extracellular fluid (outside the cell)
- 3 Water accumulates outside the cell together with sodium, causing water retention
- 4 CactiNea™ helps remove excessive sodium in the body
- 5 While removing excessive sodium, it also removes excessive water from the body

**The excellent diuretic effect of CactiNea™ is verified in clinical studies:**

Based on a large amount of scientific research literature, 87% of the participants are satisfied with the effectiveness of CactiNea™, which proved that it can help to:



Possess diuretic effect  
Help in the elimination of excess water by 27% without affecting mineral levels and blood pressure

Swelling sensation of feet, ankles and calves is reduced by 68%  
Sensation of heavy leg is reduced by 67%  
Significantly reduce ankle, calf and waist size

High in antioxidant indicaxanthin, helps stimulate glutathione peroxidase production, protecting cells from oxidative stress

ANCIENT HERBS TO ELIMINATE PUFFINESS:

## JUNIPER BERRIES EXTRACT

It has been famous since ancient civilization and was used as the herb and spice by the early Romans, Greeks and Egyptians. At the same time, in traditional Chinese medicine, juniper berries have been used to **stimulate the kidneys and bladder to excrete impurities and toxins** for more than a hundred years.

Main functions of juniper berries extract in Kuro Mizu:

■ As a diuretic, increase urine output and reduce water retention in the body

■ Reduce inflammation and swelling

■ Stimulate and improve digestion



QUEEN OF GRASSLAND TO CURE BODY SWELLING:

## MEADOWSWEET EXTRACT

Meadowsweet, also known as the queen of the grass, is a flowering medicinal herb produced in parts of Europe and Asia. Traditional German medicine regards the herb as an anti-inflammatory and sweat-inducing agent.

- ✓ Promote sweating, help to remove toxin from the body through skin
- ✓ Enhance liver function and help to detox
- ✓ As a diuretic, it can increase the urine output of patients with kidney or bladder infections

## 2 SUPPORTING INGREDIENTS

to enhance the diuretic effect

Rich in ingredients such as gingerol and shogaol

### GINGER ROOT EXTRACT



- ◆ Has been used to aid digestion, relieve joint pain, calm inflammation, etc.
- ◆ Promote blood circulation and cell activity
  - ◆ Enhance metabolism
  - ◆ Regulate blood sugar metabolism
- ◆ Increase breakdown of fat and suppress the formation of fat

Excellent source of vitamins, minerals, fiber and antioxidants

### JAPANESE RED PLUM



- ◆ High in fiber, promote regular bowel movement
- ◆ High in potassium, can help to avoid electrolyte imbalance

**Specially** designed for people ...



With normal weight but look fat and swollen



Having sedentary lifestyle



Always eating out and love salty foods



Always stand for long-hour or stay in air-conditioned rooms

**Direction of use:** Consume 1-2 sachets after getting up in the morning.