

With 3-year Fermented Kurozu **BLACK VINEGAR** and 7 Scientifically Proven **World-Class INGREDIENTS**

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FAT-BLOCKER

BLOCK Fat ABSORPTION naturally

FOR A HEALTHIER WEIGHT MANAGEMENT

Can't Resist

Deep Fried? Foods

Enjoying delicious foods has become a common way of self-rewarding. It is always hard to reject the crunchy fried foods that come after every stressful working day.

Unfortunately, what you get after eating them **IS NOT ONLY ENJOYMENT, but also STUBBORN FATS!**



Craving Fixed, but What's Next

This is how oil consumed turns into body fats:



INVISIBLE BUT **LIFE-THREATENING**

Visceral Fat

Visceral fat refers to fat that wraps around the vital organs, this is why some people may have high levels of visceral fat but still look healthy with ideal body weight.



According to statistics, **THE HIGHER THE VISCERAL FAT LEVEL** the higher the risk of complications

Visceral Fat Level	Level Classification
1-9	0 (Normal)
10-14	+ (High)
15-30	++ (Very high)

This is because internal toxins in vital organs such as the liver may fail to be excreted normally, hence, lead to metabolic disorders, premature ageing of body organs and functions.

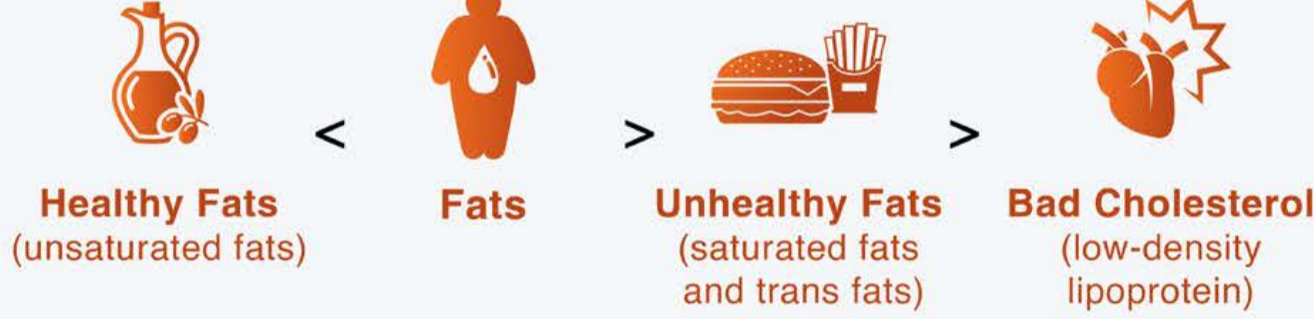
The healthy range of visceral fat falls between 1 and 9, **extra care should be taken when exceeding 9!**

Does That Mean We Should Go for an

OIL-FREE DIET?



Fats can be classified into healthy fats (unsaturated fats) and unhealthy fats (saturated fats and trans fats). Excessive unhealthy fats intake will increase the bad cholesterol (low-density lipoprotein) in the body, hence increase the risk of heart disease, metabolic diseases and stroke.



Eating out has been a norm these days due to busy lifestyles, and it is hard to ensure only healthy fats are being consumed. Therefore, **shall we go for an oil-free diet to avoid weight gain? The answer is NO!**

LOVE HATE RELATIONSHIP

Fat is an **ESSENTIAL** Nutrient

As one of the 7 essential nutrients, fats are playing multiple crucial roles in the human body:

Similar to carbohydrates and proteins, fats can **provide energy for human body**

Fats stay in the stomach for about 3 and a half hours, which can **help increase satiety**

Fats can **promote the absorption of fat-soluble vitamins**, such as vitamin A, D, E, K



Irregular menstruation
Insufficient intake of oils in long-term can cause hormonal imbalances



Constipation
Oil plays a role as lubricator in the intestines which help to prevent constipation



FAT DEFICIENCY CAN CAUSE...



Dry skin
Fatty acids in the cuticle layer of the skin can prevent dehydration and maintain skin moisture



Gallstones
Bile will be released under the stimulation of oil, hence gallstones will be formed if bile is accumulated in the gallbladder for too long

To avoid obesity, you should burn excessive fats stored in the body instead of stop consuming oil!

ZENS

薄めの黒酢



ROSE



MILK

KURO OIRU

Chewable Tablet

BURN FAT
Naturally and Scientifically!

A magnificent breakthrough in the **weight management** industry!



Combines 3-year fermented **Kuro黒酢**

with

3 World premium ingredients

and **4 fat-burning star ingredients** help to prevent excessive fat from accumulating in the body!









Essential Ingredient

With 200 years of fermentation history in **KYUSHU, JAPAN**, the 3-year old Kurozu is rich in amino acids, organic acids, vitamins and minerals

Kuro黒酢

BLACK VINEGAR WITH CENTURIES-OLD HISTORY

-  Inhibit fat absorption
-  Promote fat burning
-  Neutralise the acidity level of body
-  Relieve constipation
-  Strengthen immunity
-  Relieve muscle pain and fatigue

5 Benefits of **KURO OIRU**

Promote **fat metabolism**

Inhibit **fat synthesis**

Suppress **appetite**

Inhibit **fat absorption**

Promote **fat burn**

3 HIGHLIGHT INGREDIENTS

PATENTED FOOD FOR WEIGHT LOSS:

AFRICAN MANGO EXTRACT



Irvingia
IGOB131®

Produced by the US company Gateway Health Alliances Inc, IGOB 131® African Mango Extract is **the only approved patented food ingredient for weight loss.**

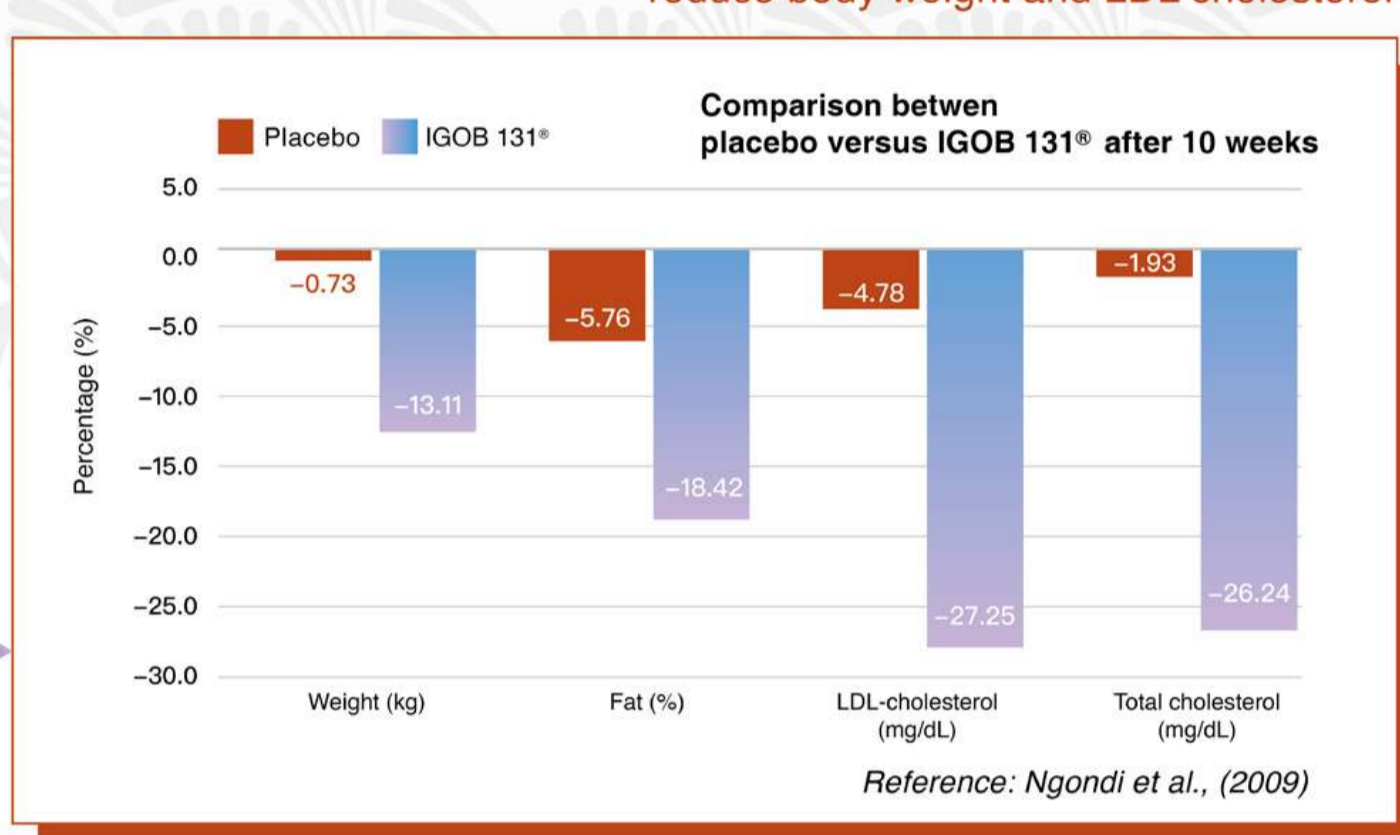
IGOB 131® is extracted from the seeds of African mango which are rich in protein, fat, and fiber through unique grinding and water extraction technology.

IGOB 131® is widely used by Americans for weight management

and has been officially recognised as raw material for weight management in Japan and South Korea

According to a study published in scientific journal of **Lipids in Health and Disease**, African mango extract helped people to **lose an average 8 pounds (3.6kg) of fat** in 28 days without the need to control diet or extra exercise.

Another study showed that IGOB 131® can significantly reduce body weight and LDL cholesterol



Placebo: Inactive substance administered to a group usually to compare its effects with those with real treatment.

Over a period of 10 weeks, the study involving 40 subjects showed:

Reduction of Weight

13.11% ↓

Reduction of Fat

18.42% ↓

Reduction of LDL cholesterol

27.25% ↓

Reduction of Total Cholesterol

26.24% ↓

In conclusion, IGOB 131® can help to enhance the result of a weight management program

NATIONAL TREASURE OF ITALY:

MOROSIL™ RED ORANGE FRUIT EXTRACT

Produced by the Italian company Bionap, Morosil™ red orange fruit extract is extracted from Italy's national treasure, Moro blood oranges. Morosil™ contains significantly **more polyphenols as compared to Navels and Valencia oranges**. According to European Institute of Oncology, Moro juice can help to **prevent weight gain and fat accumulation**.



Clinical studies and researches have proven that Morosil™ can:

■ **Help in weight management and prevent obesity**
The synergistic mechanism of biophenols contents in Morosil™ possesses anti-obesity effect

Previous study stated that Morosil™ can block fat accumulation by affecting the metabolism of adipocytes (specialised cell of adipose tissue that stores excessive energy in the form of triglyceride)

Result in reduction of body weight, BMI and hip circumference after 12 weeks of treatment

■ **Exert antioxidant activities**
Morosil™ can help to increase the glutathione levels, hence improve antioxidant activity

THE ACCELERATOR OF LIPID METABOLISM:

L-CARNITINE

Widely recognised in the weight loss and fitness industry since 1990s, the amino acid derivative, L-Carnitine is playing an important role in lipid metabolism.

- ✓ **Fat burning**
Help to move fatty acids into membrane cells which will be burned for energy
One study showed that obese adults lost an average of 1.3 kg more weight while taking L-carnitine
- ✓ **Glucose metabolism**
Increase a key enzyme, AMPK that will improve body's utilisation of carbohydrates
- ✓ **Prevent possible discomforts during weight loss**
Prevent muscle failure, reduce fatigue and sluggish feelings during dieting

Origin from Southeast Asia, weight controlling agent

GARCINIA



◆ Block fat accumulation

HCA in garcinia extract can help to inhibit citrate lyase, a key enzyme that body needs to obtain fat from carbohydrate. By inhibiting these enzymes, it will prevent the body from storing calories as fats. Instead, they will be converted into glycogen which helps to build muscle

◆ Suppress appetite

Increase serotonin to reduce the risk of depression and emotional or reactive eating. Glycogen load in the liver will stimulate and long lasting neuro-signal to the brain which indicates satiety. Thus, help to suppress appetite

◆ Improve stamina and eliminate fatigue

High antioxidant activity

PURPLE TEA EXTRACT



- ◆ Prevent dietary fat absorption
- ◆ GHG inhibit pancreatic lipase activities which then slow down the fat absorption process
- ◆ Prevent fat metabolism
- ◆ Improve fat metabolism
- ◆ Prevent skin ageing

Mainly grown in Okinawa, Japan & Taiwan

SHEKWASHA JUICE POWDER



Rich in flavonoid and antioxidant

Previous study showed that shekwasha can reduce that weight gain and visceral fat

Anti-inflammatory effect

4

SUPPORTING INGREDIENTS

to enhance the fat-blocking effect

Dietary fiber commonly known as 'fat blocker'

CHITOSAN



A type of dietary fiber taken from the shells of crustaceans such as shrimp, clams and lobster

Bind to fat in the stomach to form a gel which will then excreted naturally without being absorbed by body

Specially designed for people ...



Always consume high fat foods



Enjoy snacking



Rarely exercise



Want to lose weight

Direction of use: Take 1 tablet (30 minutes before lunch and dinner).