

# 8天7晚 昆明/石林/大理/丽江+香格里拉(双车)

全程4星级酒店

特色景点：石林风景区, 丽江古城景区, 玉龙雪山, 昆明瀑布公园

特色风味：野生菌火锅、石林风味餐、白族风味餐、乡村风味餐、纳西风味餐、滇西北风味、丽江风味餐、藏族风味餐、香格里拉风味餐、香猪风味餐、洱海风味餐、过桥米线风味餐、滇菜风味餐



## 第一天 吉隆坡/昆明 (晚餐)

抵达昆明国际机场后, 由导游接送, 前往游览**官渡古镇**。官渡古镇位于昆明市官渡区, 离市中心约十公里, 是著名的历史文化名镇, 是古滇文化的发祥地之一。

## 第二天 昆明-石林-大理 (早午晚餐)

早餐后, 乘车前往**石林风景区**【世界自然遗产。**包电瓶车**】。石林风景区(世界自然遗产): 有雄奇的峰林、湖泊、瀑布、溶洞。天造奇观, 美不胜收。集中体现了世界能给予人类的最大惊奇。游毕, 驱车前往大理。抵达后, **品尝白族三道茶、观赏白族歌舞表演、白族银器**。之后, 游览**大理古城**(**洋人街、古城南门**)。

## 第三天 大理-丽江 (早午晚餐)

早餐后, 前往**丽江古城景区**。抵达后, 游览(**大研古城四方街, 大水车, 石板街, 酒吧街, 黑龙潭公园**)。大研古城四方街, 四方街是丽江大研古镇的中心, 周围是商户, 房屋建筑依然保持了纳西人明清建筑特色, 被中外建筑专家誉为“民居博物馆”。丽江古城大水车是丽江古城的标志性建筑, 成为了丽江古城的地标, 是丽江旅游游客们一定要去拍照留念的地方。黑龙潭公园位于丽江古城北象山脚下, 从丽江古城四方街沿经纬纵横的玉河溯流而上, 约行一公里有一处晶莹清澈的泉潭, 即为中外闻名的黑龙潭。

## 第四天 丽江-玉龙雪山 (早午晚餐)

早餐后, 游览**玉龙雪山(含门票、云杉坪景区, 缆车 & 环保车)**: 中国最南边的雪山, 集观光、登山、探险、科考、度假、郊游为一体的具有多功能的旅游胜地, 以险、奇、美、秀著称于世。全山13峰、峰峰终年积雪不化, 最高海拔5596米, 如一条矫健的玉龙横卧山巅。游览**五水寨**: 保留了纳西族传统古朴的风貌, 与周围优美的自然景观交相辉映, 真正体现了“人与自然和谐发展”这一纳西族传统理念, 东巴文化之真谛。游览**白水河 & 蓝月谷**: 雪山积雪融化后经岩层过滤成泉水而涌出,

最终汇成此河。白雪皑皑的山峰为背景, 水质纯净, 白石为底, 清澈明晰, 也因此得名。

## 第五天 丽江-香格里拉(中甸) (早午晚餐)

早餐后, 乘车前往登楼远眺**长江第一湾**: 长江是中国和亚洲第一, 世界第三大河, 万里长江从青藏高原奔腾而下, 巴塘县城境内进入云南, 与澜沧江、怒江一起在横断山脉的高山深谷中穿行形成了“三江并流”的壮丽景观。之后, 驱车前往香格里拉。抵达后, 前往游览**龟山公园**(号称世界第一大的转经筒)。游览**松赞林寺**[(云南省规模最大藏传佛教寺院。含环保车。景点包括扎仓大殿、宗喀巴大殿、释迦牟尼大殿)。接着前往**纳帕海草原**位于香格里拉县城西北部, 是高原季节性湖泊。纳帕海四季景致各有特色, 纳帕海是一大片湖泊。夏天水草丰满, 草原上长着小花, 羊、牛、马成群吃草, 和草原融为一体。

## 第六天 香格里拉 - 大理 (早午晚餐)

早餐后, 参观**香巴拉藏文化博物馆**。香巴拉藏文化博物馆注重深度挖掘和展示藏文化中的“香巴拉”文化内涵。香巴拉藏文化博物馆具有文物研究保护、陈列展览、宣传教育等主功能, 是弘扬和宣传藏文化的重要平台。(2015年3月12日, 时轮金刚立体坛城获藏传佛教传统工艺吉尼斯世界纪录认证)包括**时轮金刚大佛**和**时轮金刚立体坛城**。时轮金刚立体坛城充分展示了藏文化的博大精深, 展现了香格里拉独特的地域文化风采, 是迪庆“文化兴州”战略上的重要一笔。之后前往参观**唐卡工艺品**。游毕, 驱车前往大理。

## 第七天 大理 - 昆明 (早午晚餐)

早餐后, 游览**昆明瀑布公园**, [亚洲最长人工瀑布]。它是国内幅宽最大、规模最大的人工瀑布。之后前往参观**九龙广场、徐霞客广场**。

## 第八天 昆明/吉隆坡 (早餐)

早餐后, 送往参观**金马碧鸡坊** - 东坊临金马山而名为金马坊, 西坊靠碧鸡山而名为碧鸡坊, 至今已有近四百年的历史。游毕, 于指定时间送往昆明国际机场乘搭客机返回吉隆坡。

推荐自费加游项目(客人可自由选择)

印象丽江秀表演: 成人280人民币 / 小童200人民币

\*\*\*NO SHOPPING STOP 全程不进购物站\*\*\*

赠送团友: 每人每天1瓶矿泉水。

我们的全包:

来回机场税, 燃油费及杂费, 中国签证, 全程导游 / 司机小费, 机场来回接送(只限芙蓉区与各分行上车),

全程酒店住宿, 用餐, 景点门票,

不含: 旅游保险

\*上述行程仅供参考, 正确行程乃依照当地接待社按当时实际状况重新调整为主。

# 8D7N Kunming/ Shilin/ Dali/ Lijiang/ Shangri-La (2 Way Coach)

**LOCAL 4 STAR HOTEL**
**Stone Forest Scenic Area, Lijiang Ancient City, Yulong Snow Mountain, Kunming Waterfall**

**Special Cuisine:** Wild mushroom hot pot, Stone Forest Flavor, Bai's flavor, Country Flavor, Naxi Flavor, Yunnan Northwest Flavor, Lijiang's flavor, Tibetan Flavor, Shangri-La Flavor,


**Day 1: Kuala Lumpur / Kunming (D)**

Assemble at the airport for flight to Kunming. Upon arrival, visit **Guandu Ancient Town**

**Visit White Water River & Blue Moon Valley (include buggy**

**service):** Enjoy the serenity of cascading waterfalls and the unique terraced terrain, while sipping some pure spring water. In the background, snow-capped peaks stand imposingly against the sky.

**Day 2: Kunming / Shilin / Dali (BLD)**

After breakfast, visit **Stone Forest Scenic Area (includes buggy car)**. There you can enjoy the beautiful scenery of magnificent mountains, lakes, waterfalls. Transfer to Dali. Upon arrival, visit the most preserved **Bai Ethnic** residential buildings, taste the three course tea "bitter tea, sweet tea and final tea", as well as enjoy the traditional **Bai Ethnic dance performances** and **Bai Silver Accessories**. Continue visit **Dali Ancient City (Foreigner Street, South Gate)**. The ancient city of Dali is famous for its cultural and historical points of interest, natural beauty, and colorful ethnic minorities.

**Day 5: Lijiang / Shangri-La (Zhongdian) (BLD)**

After breakfast, visit **First Bend of Yangtze River**: The longest river in both China & Asia and the world's third longest. It's called the "first bend" because the river makes a 90 degree turn from south to east within a distance of 1 kilometer. Transfer to Shangri-La. Upon arrival, visit the **Gulshan Park**. It has known as the world's largest turn tube. Continue visit **Sonzanlin Monastery (include Zhacang Monastery, Yikang Monastery (Tsongkhapa), and Sakyamuni Monastery)**. It is the largest Tibetan Buddhist temple in Yunnan province. After that visit to **Napahai Grassland**.

**Day 3: Dali / Lijiang (BLD)**

After breakfast, proceed to visit **Lijiang Ancient Town (include Square Street, Dashuiche Chamber, Shibing Street, Beer Street, Black Dragon Pool)**. It is a well-preserved city of ethnic minorities. The center of the ancient town is the **Square Street**, four main streets radiate from here and extend to the four different directions with countless lanes in all directions formed a network and connect every corner of the town. **Dashuiche Chamber** is the Lijiang landmark building which tourist will taking the photo for memories. Lijiang ancient city **Shibing Street & Bar Street** is the most prosperous place in the city. **Black Dragon Pool**: Which was named after a legendary black dragon living in the pool in ancient times.

**Day 6: Shangri-La / Dali (BLD)**

After breakfast, proceed to visit **Shambhala Tibetan Cultural Museum (including Time Wheel King Kong & Time Wheel Pagoda)**. The Shambhala Tibetan Cultural Museum focuses on digging and displaying the cultural of "Shambhala" in Tibetan culture. It was an important platform to promote the Tibetan culture. Continue visit **Thangka Collection**. Transfer to Dali.

**Day 4: Lijiang / Yulong Snow Mountain (BLD)**

After breakfast, proceed to visit **Yulong Snow Mountain (includes entrance, Yunshan Plateau cablecar & public coach)**: A glacier mountain consisting of 13 peaks with the highest peak of 5600m covered by snow all year round. Take a cableway to have a close up view of the snow peak, a treasure of wild plants and rare animals are like silver dragon lying in the clouds. Visit **Yushui Village**: It is considered to be the holy land of Dongba, which is the place of origin of Lijiang.

**Day 7: Dali / Kunming (BLD)**

After breakfast, proceed to visit **Kunming Waterfall**. Enjoy the longest artificial waterfall in Asia, feel the momentum of the waterfall pound! Continue visit **Kowloon Plaza (Dragon born nine son of the statue)** and **Xu Xike Square**.

**Day 8: Kunming / Kuala Lumpur (B)**

After breakfast, proceed visit **Jin Ma Bi Jifang Square**. It is located at the intersection of Jinbi Road and Sanjie Street (the traditional north-south axis). East is known as Jinma Square, while west is known as Xifang Square. It also as one of the Kunming landmark, which already has nearly four hundred years. Finally, transfer to the airport back to Kuala Lumpur with beautiful memories.

Optional Tour
**Lijiang Impression: Adult RMB280 / Child RMB200**
**Free: Handmade Sachet, One Bottle Mineral/Day/Person**
**\*\*\*NO SHOPPING STOP\*\*\***
Our package:
**Airport tax, Fuel Tax, Guide & Driver Tipping, Hotel, Visas, Airport Transfer (Seremban area & Branch office), Meals, Entrance Fee, Exclude: Travel Insurance**

\*The above itinerary is for reference only & is subject to change without prior notice,

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