

## **MINDSET CHANGE FOR EXCELLENCE**

DURATION: 2 DAYS

TIME SCHEDULE

Time: 9:00am to 5:00pm

Lunch Break: 1:00pm to 2:00pm



### **INTRODUCTION**

In our workspace and industry, we could notice 2 types of people - the Highly Successful and the Less Successful people. What actually sets them apart? The highly successful people sets their mind to success, mainly through a positive growth mindset. Mindset plays an important role in determining our results. In essence, thoughts determine actions, and actions lead to results. Therefore if we see ourselves as a successful person, chances are ...we will eventually be successful, and vice versa.

#### Course overview

This course shall expose the participants to positive and growth mindset, and outline how it works for us, and in contrary of how it destroy us. Subsequently, approaches and techniques are geared towards better results and performance level. The session shall be educational, fun and highly engaging with related topics activities (games) that generate learning and positive-growth mindset.

#### Major Give-Away

How would you like to have a different mindset of looking at people whereby you could communicate and influence them better? This session shall give-away a life-changing tool of Personality Profiling Skills without applying the traditional questionnaires to probe people. You could learn to profile people within minutes, and communicate with them effectively to produce results with them. This tool allows you to have a different mindset in dealing with people of various personalities and needs. This could also extend to improve sales, manpower planning and right hiring.

#### Course Objectives

- To understand how we think, and how it effected our actions and results

- To improve our mindset towards better work approaches and outcome
- To understand the approaches of becoming a peak performer
- To enhance working relationship for better cooperation and synergistic results

## **BENEFITS**

Upon completion of this program, participants will be able to:

- Improve employees way of thinking and creating more growth results
- Migrating overall organization's Fixed Mindset to Growth Mindset
- Develop better understanding & cooperation among employees
- Improve overall work quality, productivity, cost & customer satisfactions

## **KEY CONTENT**

### **Day 1**

1. Introduction
  - Context Setting
  - Course Objectives, Benefits & Give Away
  - Ice Breaker : Who Am I ?
2. The World From Our Eyes
  - Picture Analysis : What's in your Mind
  - Assumptions and Facts
  - Managing by Facts
3. The Mindset & Change
  - The 4-Mindset Influencing Factors
  - Interpret-Act-Interact
  - Workshop : Interpret-Act-Interact
4. Growth Mindset
  - The Power of Choices
  - Video : Growth Vs Negative Mindset
  - Re-Set : Growth Mindset
5. Staying Positive
  - Common Self-Defeating Thoughts
  - Discipline : Defining Needs & Creating the WHY
  - Helping Others & Removing Obstacles
6. The Power of Believe
  - Game : The Finger Test
  - Belief System : How it works both ways
  - The Power of Believe
7. Overcoming Challenges
  - Breakthrough : Structured Brainstorming
  - Game : Round Chair Council

- Game : Machet Jakarta

### **Day 1: Evening**

8. Building A Positive Team
  - The Power of Team & Synergy
  - What Makes Team Works
  - Workshop : Creating Fun Ideas at Work
9. Leadership Game Changer
  - Leadership Factor
  - Direction & Values
  - Team Challenge : Whoosh !!

### **Day 2**

1. Re-Creating Self : The Positive Management
  - Present Competencies & Future Skills requirements
  - Activity : Vision, Mission, Activities & Managing Team Results
  - Time Management Tips to handle workload
2. Communication Skills
  - Effective Communication
  - Game : Spy Code
  - Game : Lie to Me
3. Understanding Others : Reading People Like a Book
  - Profiling & understanding personalities
  - Analysis : Understanding Self & Others
  - Applying the Profiling Tool
4. Reflection
  - 3 Tips to Stay Positive at All Time, Again !!
  - Summarize : Key Learning Points
  - Session Feedback

### **AUDIENCE**

- Level – Managers, HOD & Senior Staffs
- Department – All
- Industry – Manufacturing & Service
- Employees with job competencies requirement of – Personal Development & Self-Enhancement, Mindset Enhancement, Working with People, Managing results, people, teams & projects, Understanding & Influencing People, etc.

### **METHODOLOGY**

- Approx 20:80 rule – 20% instructional, & 80% learning activities
- Highly interactive & engaging learning process

- Experiential learning – Group & Individual tasks, creative & fun games, case study, video analysis, critical analysis, discussion, sharing, etc.
- Sharing of highly experienced facilitator as well as other participants knowledge and experiences