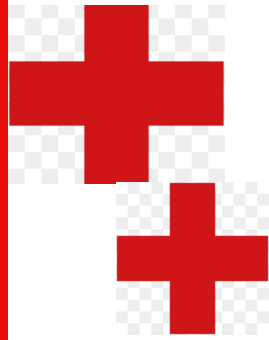


To administer
First Aid During
Emergency &
Perform CPR in
Right Technique
to Save Lives



CONTACT US

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Occupational First Aid & CPR Course

ENVIRONMENTAL
COMPETENCY CONSULTANCY
SDN BHD

1 DAY COURSE OUTLINE

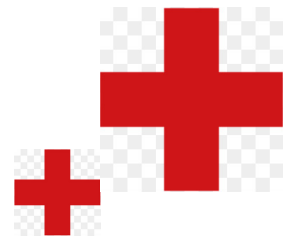
- Legal Requirement Perspective
- Definition and purpose first aid, first aider's responsibilities
- Principles and priorities of treatment
- The human major organs - location and functions
- The respiratory Disorder - Asphyxia and Choking
- Cardiopulmonary Resuscitation (CPR)
- Group Discussion and Practical
- Project - based Learning

TARGET AUDIENCE

- **Personnel in-charge of environmental control pollution system**
- **Safety officer, Management representative**

CERTIFICATION

Certification will be provided by
Environmental Competency
Consultancy Sdn Bhd



2 DAYS COURSE OUTLINE

- Legal Requirement Perspective
- Definition and purpose first aid, first aider's responsibilities
- Principles and priorities of treatment
- The human major organs - location and functions
- The respiratory Disorder - Asphyxia and Choking
- Cardiopulmonary Resuscitation (CPR)
- Accident Mock Drill
- Workplace Safety & Health Inspection (Recce)
- Group Discussion and Practical
- Project - based Learning

Duration: 1 day or 2 days

TENTATIVE

Registration	8.30 a.m.
Begin Session	9.00 a.m.
Tea Break	10.30 a.m.
Continue Session	10.45 a.m.
Lunch Break	12.30 p.m.
Continue Session	2.00 p.m.
Tea Break	4.00 p.m.
Discussion and QnA	4.20 p.m.
Dismiss	5.00 p.m.