



**INTRODUCE TO THE ORGANIZATION AND RELATED PERSONNEL THE KNOWLEDGE AND SKILL IN HANDLING THE EMERGENCY FIRST AID AND EFFECTIVE CPR PRACTICES.**



## Get in touch

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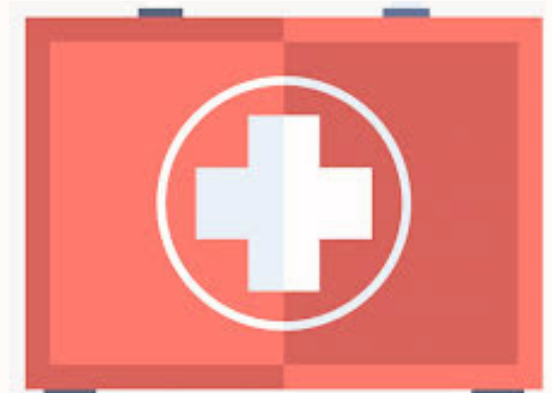
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# IN HOUSE TRAINING FOR FIRST AID & CPR

**ENVIRONMENTAL  
COMPETENCY  
CONSULTANCY SDN BHD**



# OBJECTIVES

**PARTICIPANTS WILL BENEFIT BY BEING ABLE TO:**

- **PERFORM BASIC LIFE SUPPORT SKILL SUCH AS CPR & CHOKING.**
- **RENDER FIRST AID MANAGEMENT FOR VARIOUS INJURIES SUCH AS BLEEDING, BURN, SHOCK, FRACTURE, AND SPINAL INJURIES.**
- **UNDERSTAND SYSTEMATIC APPROACH TO SURVEY & DIAGNOSE PATIENT.**

## TARGET AUDIENCE

- **Entire workforce**
- **Emergency Response Team Members**
- **Safety & Health Committee**

Certification will be provided by Environmental Competency Consultancy Sdn Bhd



# COURSE OUTLINE

## What is First Aid

- Begin a First Aider
- Giving Care with Confidence.
- Looking after yourself

## Action at an Emergency

- First aid a an emergency
- Multiple casualties
- Fires
- Electrical injuries

## Burns and Scalds

- Assessing a burn
- Sever burns and scalds
- Minor burns and scalds
- Special types of burn
- Flash burns to eye

## Wounds and Bleeding

- Type of wound and bleeding
- Severe external bleeding
- Bleeding at special sites
- Internal bleeding
- Major wounds
- Minor wounds
- Infection wounds

## Disorders of the Circulation

- Shock
- Fainting
- Anaphylactic shock
- Disorder of the heart

## Disorders of Airway and Breathing

- Disorder of respiration
- Airway obstruction
- Inhalation of fumes
- Breathing Difficulties



## Disorders of Consciousness

- Unconsciousness
- Head injuries
- Other disorder

## Bone, Joint and Muscle Injuries

- Bones, joints, and muscles
- Type of injury
- Injuries to the face and jaw
- Injuries to the upper limb
- Fractures of the ribcage
- Back injuries
- Fractured pelvis
- Injuries to the lower limb

## Poisoning

- Drug poisoning
- Industry poisoning
- Alcohol Poisoning
- Food Poisoning

## Handling and transport

- Manual lifts and carries
- Stretchers

## Resuscitation

- The principles of resuscitation
- Assessing the casualty
- The recovery position
- Artificial ventilation
- Restoring the circulation
- The sequence of CPR